

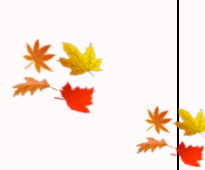

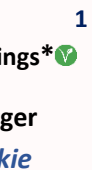





ARTS & TECHNOLOGY HIGH SCHOOL BREAKFAST & LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
|  |  |  |  |  |
| 4 Chicken Tenders | 5 Cheeseburger or ✓ Three Bean Burrito Bowl | 6 Pizza with Toppings* ✓ | 7 ✓ Lasagna with Breadstick | 8 Pizza with Toppings* ✓ or Chicken Burger <i>Baked Cookie</i> |
| 11  | 12 Turkey Hot Dog or ✓ Chili with Cornbread & Shredded Cheese | 13 Pizza with Toppings* ✓ | 14 Turkey and Gravy with Mashed Potatoes or ✓ Grilled Cheese Sandwich | 15 Pizza with Toppings* ✓ or Chicken Burger <i>Baked Cookie</i> |
| 18 BBQ Pulled Pork Sandwich | 19 Western Burger | 20 Pizza with Toppings* ✓ | 21 Baked Pasta Bolognese | 22 Pizza with Toppings* ✓ or Hot Pesto Chicken & Cheese on Flatbread <i>Dessert</i> |



No School November 25th – 29th, 2019

BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD

| MONDAY BREAKFAST CHOICE OF | TUESDAY BREAKFAST CHOICE OF | WEDNESDAY BREAKFAST CHOICE OF | THURSDAY BREAKFAST CHOICE OF | FRIDAY BREAKFAST CHOICE OF |
|--|---|---|---|--|
| ✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Frudel Fruit, Juice & Milk | ✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Mini Pancakes Fruit, Juice & Milk | ✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk | ✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ French Toast Sticks Fruit, Juice & Milk | ✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack Pancake Sausage on a Stick Fruit, Juice & Milk |

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices

Paid: \$3.45 Reduced: No Charge Adult: \$4
Milk without full meal: \$.50
Breakfast \$1.95

View meal account activity and make Credit card payments at:
<https://www.k12paymentcenter.com>
Checks are accepted at the school or kitchen office.

DAILY OFFERINGS

- Protein Pack and Deli Sandwich Assortment.
- ✓ Peanut Butter & Jelly Sandwich.
- Yoplait Yogurt with String Cheese and Baked Item.
- Choices of variety of Fruits & Vegetables. Juice, 1% White & Non-fat Chocolate Milk.
- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.

"This institution is an equal opportunity provider"

Need Assistance?
Contact Nutrition Services at
(503) 673-7992
linstror@wlwv.k12.or.us

Visit our website!
<https://www.wlww.k12.or.us/domain/42>

Menus subject to change.